

## Section CONSTRUCTION OF SOCIETY

### THE QUANTITATIVE ESTIMATION METHODOLOGY OF MODERN RUSSIAN SOCIETY'S PSYCHOLOGICAL STATE



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The author describes and substantiates the quantitative estimation methodology of modern Russian society's psychological state. For the purposes of the quantitative estimation of this state the author used a composite index elaborated by him and based on the integration of 6 primary indicators. Using the Index, there is a possibility to estimate quantitatively the dynamics of Russian society's psychological state from 1991 to 2016. The author analyses this dynamics in relation to social-economic and political events. In addition, the dynamics of primary indicators involved in the Composite Index is examined as well. There are the results of other investigations — sociological and psychological ones, characterizing the modern Russian society's psychological state and its dynamics. The author comes to the conclusion about the existence of socio-psycho-somatic influence implied in the fact that social processes are reflected in citizens' psychological state which has important somatic consequences.

**Keywords:** *macropsychology, modern Russian society, psychological state, quantitative estimation, Composite Index, dynamics, socio-psycho-somatic influence.*

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